

**TUBERCULOSIS (TB) BLOOD TEST (UG FALL)**

**Requirement:**

***This specific TB clearance method only applies to students***

***WITHOUT a Positive TB test in their medical history.*** If you have a Positive TB test in your medical history, please email Michael Kurihara at [titer@hawaii.edu](mailto:titer@hawaii.edu) for the appropriate TB clearance instructions.

For your **initial** NAWSON TB clearance, you **MUST** get **1** of the 2 CDC approved Interferon-Gamma Release Assays (**IGRAs**) TB blood tests.

- **QuantiFERON TB-Gold (QFT, also sometimes QFT-GIT)**
- **T-SPOT TB Test**

Your initial QFT or T-SPOT TB Test **MUST** be: **1) done in the USA & 2) your blood MUST be drawn for this test ON or AFTER:**

**05/01/2023\***

*\*This date ensures that your **initial** QFT or T-SPOT TB test will clear you for the entire upcoming **Fall and Spring terms** (i.e., no mid-semester renewal).*

If your **QFT** or **T-SPOT** TB test result is **NEGATIVE**, then you are **CLEAR!**  
If your **QFT** or **T-SPOT** TB test result is **POSITIVE**, please email Michael Kurihara at [titer@hawaii.edu](mailto:titer@hawaii.edu) immediately for additional instructions.

**Documentation:**

You must submit a copy of the lab report for your valid **QFT** or **T-SPOT** TB Test; the lab report **MUST** contain the following elements:

- 1. Your full name (first and last)**
- 2. The date your blood sample was collected**
- 3. An interpretation OR key to interpret the test results**

**Reminder: Do NOT get any "Live" Vaccines**

Do **NOT** get any "live" vaccine (e.g., **MMR**, **VZV**, etc.) until you get your QFT or T-SPOT TB Test results back. **If you received a "live" vaccine AFTER 03/31/2023**, notify Michael Kurihara at [titer@hawaii.edu](mailto:titer@hawaii.edu).

**The 5 REQUIRED Titers:**

Before you get your initial QFT or T-SPOT TB blood test, please read the [5 Required Titer Flyer](#) carefully. A titer is another type of blood test. There are 5 required titers that you need in addition to your QFT or T-SPOT TB blood tests. It is a good idea to have your blood drawn for all required blood work at the same time, so please plan accordingly.

**Questions about the NAWSON Health Clearance:**

If you have any questions about the NAWSON TB requirement or any of the NAWSON health clearance requirements, please email Michael Kurihara at [titer@hawaii.edu](mailto:titer@hawaii.edu).

**UH Mānoa (UHM) TB Requirement:**

***IF** you are an incoming UHM student (i.e., you had to submit a UHM system application), then you ALSO need the clear UHM's TB requirement (as well as the other UHM health clearance requirements). UHM has its own set of health clearance requirements that are distinct from the NAWSON health clearance requirements.*

***IF** you have already cleared UHM'S TB requirement, then great! Otherwise, please know that you can use the lab report for your QFT or T-SPOT TB test to clear UHM's TB requirement.*

Please remember, all UHM's health clearance requirements must be cleared directly with UHM by submitting your documents using the MED+Proctor system. For more details, please visit:

<https://hawaii.edu/health-clearance/?page=mp>

For assistance with Med+Proctor, please visit [support.medproctor.com](https://support.medproctor.com) to live chat or email at [help@medproctor.com](mailto:help@medproctor.com) and they will speak directly with you. Due to federal FERPA and HIPAA regulations Med+Proctor does not offer telephone customer support to discuss student medical records or class hold status.