TUBERCULOSIS (TB) BLOOD TEST)

Requirement:

==*This specific TB clearance method ONLY applies to students **WITHOUT a Positive TB test in their medical history**.*==

==For your *initial* SONDH TB clearance, you **MUST** get *1 of the 2* following CDC approved Interferon-Gamma Release Assays (**IGRAs**) TB blood tests:==

- **QuantiFERON TB-Gold (QFT, also sometimes called QFT-GIT)**
- **T-SPOT TB Test (also sometimes called Tspot)**

Your initial QFT or T-SPOT TB test *MUST* be ==done in the USA AND *your blood MUST be drawn for this test ON or AFTER*==: **SEE CHECKLIST OR EMAIL FOR INSTRUCTIONS. TB TESTS MUST BE VALID TO THE END OF CLINICAL ROTATIONS AND CANNOT EXPIRE MID ROTATION PER AGENCY REQUIREMENTS.** *Ensure that your **initial** QFT or T-SPOT TB test will clear you for the entire **upcoming clinical rotation** (i.e., no mid-semester renewal).*

If your **QFT** or **T-SPOT** TB blood test result is:

- ==**NEGATIVE:**== Good news, you are **CLEAR**!
- ==**POSITIVE**==: You have a positive TB test: **See Positive TB in Medical History (Form P-3 and Form D) under the Immunization Forms section of the UHP website**
- ==**EQUIVOCAL**== or ==**INDETERMINATE:**== Immediately send your lab report to UHP, and UHP will send you follow-up instructions.

Documentation:

The lab report for your **QFT** or **T-SPOT** TB test report **MUST** contain:

1. **Your full name (first and last)**
2. **The date your blood sample was collected**
3. **An interpretation OR key to interpret the test results**

2 Reminders about "Live" Vaccines (e.g., MMR, VZV, etc.):

1. Make sure you have ==**NOT**== received any "live" vaccines 6-weeks prior to having your blood drawn for you QFT or T-Spot TB blood test.
2. Do ==**NOT**== get any "live" vaccine until you get your QFT or T-Spot TB blood test results back.

Questions about the SONDH Health Clearance:

If you have any questions about the SONDH TB requirement or any of the SONDH health clearance requirements, please email UHP at uhphealth@ucera.org.

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